



The Home of Care

[www.beechgrovecarehome.com](http://www.beechgrovecarehome.com)



# The Home of Care...



## Welcome

At Beechgrove Care Home, our team provides a superior standard of care and offers a welcoming family atmosphere, in a relaxing and serene environment that is truly a home-from-home.

A purpose built facility equipped with every modern comfort, Beechgrove nevertheless retains an air of unhurried tranquillity, tucked away within the picturesque Lanark countryside. With an aim to promote smaller group living, the home cares for a total of 70 residents and has a dedicated team of staff who offer an intuitive understanding of Beechgrove's tradition of care, hospitality and service.

Whilst staying with us you will enjoy charming surroundings, hand-prepared cuisine and quality personal care, and from the moment you walk through the door of Beechgrove Care Home you will find a very warm welcome.

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# Accommodation

Careful thought and consideration has been taken to offer the highest quality of accommodation within Beechgrove Care Home. All furnishings and design throughout the home have been carefully selected to give a sense of quality and attention to detail.

Our gardens offer both residents and their families a tranquil place to sit and enjoy the scenic views which surround Beechgrove. The gardens are landscaped with a lawned area, trees and flower beds and also include paved access to allow for excellent mobility for wheelchair users. To ensure the privacy and security of our residents, gates to and from the rear garden are locked and can only be opened using a code which is only disclosed to staff members.

All of our bedrooms available at Beechgrove are of the highest quality. Each have en-suite facilities, are spacious, have an attractive outlook and are tastefully decorated and furnished. Furnishings are regularly renewed to maintain an 'as new' standard. We also encourage residents to feel free to bring along any article of furniture, framed pictures and photographs to decorate their room to reflect their own individual taste.

Bedrooms offer specialised equipment, including nurse call units, smoke detectors, electric underfloor heating and telephone ports.



## Modern, contemporary surroundings, custom built for our residents' needs



## Admission

From the very first moment you arrive at Beechgrove, you will be received by our team of staff who pride themselves on their enthusiasm and genuine warmth with which they welcome visitors. They will endeavour to make your admission relaxed and informal. Both your friends and family are most welcome and may remain with you while you settle into your new surroundings.

A nurse will be allocated to look after your every need and - following a consultation with you and your relatives - will be responsible for your nursing care and treatment during your stay.

## Nursing Care

At Beechgrove Care Home we provide twenty-four hour nursing care for our residents.

Our Head of Care is supported by professional qualified nurses, each of whom have a particular interest in Care of the Elderly and are experienced in caring for those with physical disabilities, those who are terminally ill, those with high dependency need and those who become infirm.

Nursing Care is delivered using a method known as key nursing: each resident is allocated a nurse who will soon become a familiar face and will answer any queries or anxieties that you or your family may have. Your key nurse will also be responsible for assessing your needs and preparing a care plan, as well as delivering and evaluating the care you receive.

Beechgrove also operate using teams of nursing and care staff, one of which will be appointed to care for you. The team will support you during your initial settling in period as well as ensuring the delivery of a more individualised and personal service.

## Nurse Call System

Should you require the assistance of a nurse at any time of the day or night, there is a call system fitted throughout the building including your bedroom, so you will receive attention at the press of a button.

## Medical Care

In the event of either illness or an emergency, your next of kin will be notified unless otherwise recorded in your personal plan: this can be discussed during your admission.

## Spiritual Care

We encourage visits by Clergymen of all denominations to the nursing home to provide for the spiritual needs of all residents.

Alternatively, you may wish to attend your own church with family and friends.





## Staff

Head of Care, Margaret Allison, has many years experience working within care homes and has overall responsibility for the day-to-day management of the home and for general resident welfare.

She would welcome the opportunity to discuss any matters with you.

Registered Nurses are responsible for carrying out all nursing procedures and ensuring an excellent standard of care is received by all residents.

Care Workers are responsible for meeting the personal and social care needs of our residents in a way which respects their dignity and independence.

Our Head Chef is responsible for menu planning, food preparation and food hygiene. Our catering staff are all experienced and home baking is a speciality. All baking and meals are freshly prepared on the premises for your enjoyment.

Domestic staff are responsible for cleaning within the home and ensuring that the required high standards are continually maintained.

Our Recreational Therapist is responsible for coordinating and planning our extensive programme of recreational activities and outings.

Our handymen are responsible for routine repairs and daily maintenance of the building.

Local gardeners maintain the lawn and landscape gardens to provide an attractive, colourful setting.

**Beechgrove prides itself on the genuine warmth of its staff**

## Physiotherapy

If physiotherapy is medically prescribed, your primary nurse will be pleased to arrange this service for you. Alternatively arrangements can be made privately if preferred.

## Optical and Dental Services

Our staff will be happy to make necessary arrangements should you require optical or dental treatment, inspection or advice.

## Chiropody

We have a private chiropodist who will be delighted to attend to your chiropody needs at least once every eight weeks or more regularly as necessary.

## Cuisine

We pride ourselves on the high standard of appetising meals served, all prepared from fresh produce by our qualified catering staff.

Good, nutritious food and drink are very important in keeping and improving your health. Our staff will soon get to know your food preferences and any dietary needs which are recorded in your personal care plan. Menus are displayed daily and offer an extensive choice for each meal with a selection of home baking served daily. Our staff are also delighted to cater for any special celebrations, such as birthdays and anniversaries.

Normally meals are a sociable activity enjoyed in the dining room but should you prefer, due to illness or simply for a change, your meals can be served in the comfort of your own room.



Every day is different  
with a wide range of  
activities and entertainment...

## Entertainment

Entertainment appealing to a wide variety of taste is provided regularly. There is a comprehensive daily programme of activities which are held within the home and Beechgrove has strong links with the local community. Concerts are held regularly including Christmas, Easter, St Andrews Day and any other memorable occasions, not forgetting our national bard, Robert Burns.

Beechgrove seeks to cater for all interests and tastes and we would welcome your suggestions on how we may expand these. Should you have a hobby or interest of your own which is not included within our programme we would be delighted to assist you in pursuing it, in addition to the activities already provided.

Our entertainments officer is responsible for planning and directing most recreational activities. To add to the various services and activities already mentioned, the home often hires a mini bus to take residents out, which is fully equipped to accommodate residents in wheelchairs. The mini bus is especially popular during the summer months when visiting local garden centres, parks and other places of interest.

## Hairdressing

A qualified resident hairdresser visits the home twice weekly. Prices for this service are displayed on the notice board. You are free to have a hairdresser of your choice to visit the home or you may prefer to attend a hairdressing salon.

## Library

A wide selection of reading material can be found in our well-stocked library. Large print books are available and changed regularly.





# Newspapers & Journals

A wide selection of newspapers and journals are delivered to the home daily. Arrangements can also be made to have your own newspaper or journal delivered, too.

# Mail

Incoming letters and parcels are delivered daily. Residents who are unable to post their own mail should discuss alternative arrangements with the manager: we will be delighted to assist.

# Telephones

Every room has its own telephone line which can be activated on request. All residents are responsible for their own telephone bills.

# Visitors

While we welcome visitors at any time of the day, for reason of security it is helpful to know if any visitors are expected after 9pm.

# Pets

Unfortunately pets are not able to join you at Beechgrove: however, they are more than welcome to visit.

# Alcohol

Residents may partake of alcohol in their bedrooms or communal areas unless medically advised to the contrary. Alcoholic beverages are looked after by staff and provided upon request.

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## Smoking

Beechgrove accepts without reservation the overwhelming evidence that smoking causes adverse effects to not only those who themselves smoke but also on nonsmokers who are exposed in their working and domestic environments to the smoke of others. Therefore the home has a no smoking policy.

## Fire Procedure

In the unlikely event of a fire, specific instructions are located in strategic positions throughout the building. All staff are trained to assist you to make a quick evacuation through emergency exits, should the need arise. In the events of a full evacuation, procedures are in place to transfer all residents to a place of safety.

## Valuables

A safe is available for any valuables, documents or important items you feel it is essential to retain: alternatively, you may wish to make other arrangements with relatives or legal advisers. Personal inventory is itemised on admission.

## Laundry

Personal items of clothing are laundered and returned to your room from our own in-house laundry. It is important that all clothing is marked clearly with your name prior to admission. Clothing should be able to be machine washed and tumble dried.

## Fees

Fees are agreed with our administrator on an individual and confidential basis prior to admission, and are paid monthly in advance. Our administrator can offer advice on access to public or voluntary funds related to your personal circumstances. Accommodation vacated for holidays or hospital visits of more than two weeks will be charged at 80% of the normal fee.

We offer a four week trial stay period for you to assess our services. If you are happy, and wish to extend your stay, you will be invited to enter into a formal agreement (please see our terms and conditions). We are contracted with the statutory authority for those residents assessed as being eligible for public funding.

## Complaints

We will treat all concerns in confidence and attempt to resolve them as quickly as possible. Should you require independent advice, we will provide you with the name and address of the relevant authority upon request and advise the regulatory body supplied.

## Inspection Report

All care homes are inspected by the Care Inspectorate twice yearly to ensure that the National Care Standards are consistently met and sustained. The report detailing their findings and recommendations are available to all residents, families and staff, a copy being displayed on the notice board. A personal copy can be requested from the Care Inspectorate or online at [www.scswis.com](http://www.scswis.com)

Beechgrove has been a Nursing Home under the present Management since 2008. The Home is registered with the Care Inspectorate.



Call us 01555 660331

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