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Welcome To Our Newsletter

A warm welcome to our latest monthly newsletter!

The past month has been full of activity and it's hard to believe that we're almost in the middle of 2023.

We're thrilled to announce that we've had an incredible month, filled with numerous joyous occasions. In this edition of the newsletter, we'll be highlighting some of the moments that made this month truly exceptional.

We are inviting our relatives to join us on **June 13th at 6pm** in the Cedar Unit for a relatives meeting. We hope to see you there.

Also, if you know someone who would like to receive our email newsletters/updates, please forward them the newsletter sign up link below:

Sign-Up Form

Best wishes,

Maggie Aitken
Care Home Manager

King's Coronation Celebrations

A Royal Affair

Some of our residents kicked off the King's Coronation celebrations by attending the Coronation Concert in Lanark Memorial Hall.

Everyone had a great evening watching all the local talent perform various acts.

On Coronation Day, we enjoyed watching the crowning on the TV, then celebrated with an indoor street party with music and lots of tea/coffee and cakes.

Mad Hatters Tea Party

Good Times!

We had a Mad Hatters Tea Party afternoon for Dementia UK. Our residents enjoyed making hats and mixed getting together in our main reception, which was decorated in the Mad Hatter theme for tea and cakes. Everyone had a great time.

Ladies' Afternoon Tea

Delicious!

Our ladies enjoyed a get-together with a good old chin wag with tea and cakes. We like to use the time to chat about old times when we were all at school, what the teachers were like and the games we played.

Jack High

Musical Afternoon

Residents enjoyed an afternoon of singing and laughter with Jack High. He regularly entertains us all with his songs and a few jokes to keep everyone on their toes.

Recent Activities

Happiness is...

Gardening

Well, the sun is out and it's time to get our gardens looking great. Some residents have enjoyed being out in the sun, cleaning up our raised beds and removing the weeds and rubbish in preparation for planting some lovely flowers.

Sensory Room

Another great session was had in our wee room as we have been using new sensory objects for touch and sound. Residents enjoy their time in the room as it's a great place to relax and unwind.

Ukulele Band

We had a wonderful afternoon celebrating Elizabeth's birthday with her husband's ukulele band. Everyone had a great time singing and dancing, followed by lots of tea and homemade birthday cake.

Spa Morning

Our residents recently had a delightful pampering session that included a foot spa, hand massage and nail treatment. It was a much-needed treat that left everyone feeling uplifted and rejuvenated.

International Nurses Day

Beechgrove would like to thank all our nurses for everything they do for our residents and their families throughout the year. We hope you enjoyed being doing what you do. We also would like to thank our residents who were nurses for their years of dedication to others.

Pet Therapy

We all love our regular visits from Cash and Lynsey. Cash is great with our residents and staff. Thank you to Lynsey for bringing Cash to visit us. He always puts a huge smile on everyone's face. Pet therapy is very important as it can give comfort and brighten someone in the lowest of moods, it is also known to reduce stress levels and lower your heart rate.

Dates For The Diary

Busy Times Ahead

- **Wednesday 24th May, 9.30am** - Calderglen Zoo
- **Thursday 8th June** - Lynsneys
- **Saturday 10th June** - Boat Trip

Thank You

Thoughtful Gifts

Beechgrove residents and families would like to thank Rosemary's from Tesco Lanark for their very kind donation of a lovely selection of cakes for our Coronation Tea.

Thank you to James Godfrey for being our residents DJ. Everyone loved the music and we hope you will come again.

Birthday Wishes

Party Time!

Everyone at Beechgrove would like to wish Elspeth, George, Janice and Jean a very happy birthday. We hope you had a lovely day celebrating with family and friends.

With Sympathy

Loving Memory

It is with great sadness that we announce the passing of Jean, our deepest sympathy goes out to family and friends at the difficult time.

Social Media

Make sure to check out our Beechgrove Care Home Facebook Page. Don't forget to "Like us".

Feedback

We appreciate any feedback, reviews or suggestions you may have. Please contact us or leave a review through the links below as we would be happy to receive any comments.

Carehome.co.uk Reviews

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