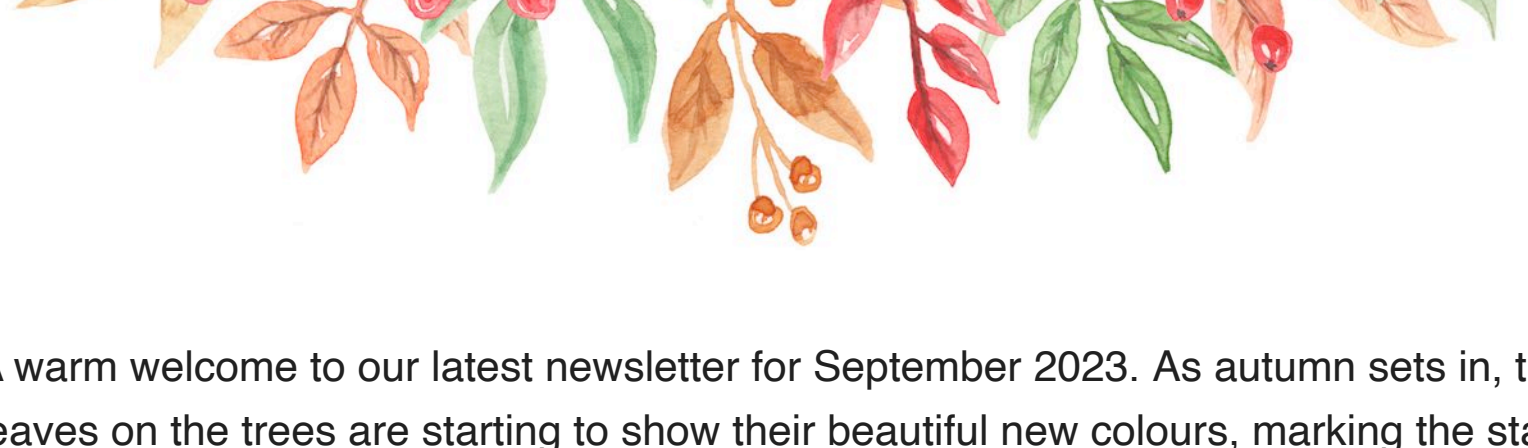




Welcome To Our Newsletter



A warm welcome to our latest newsletter for September 2023. As autumn sets in, the leaves on the trees are starting to show their beautiful new colours, marking the start of the new season. We are thrilled to share with you all the latest happenings and updates in our home.

Also, if you know someone who would like to receive our email newsletters/updates, please forward them the newsletter sign up link below:

[Sign-Up Form](#)

Best wishes,

Maggie Allison
Care Home Manager



News & Updates

Covid & Flu Boosters Administered

Recent news from the care home is that our Covid-19 and flu boosters have been administered to all our residents. This is great news as it means that everyone will be well-protected during the upcoming flu season.

Relatives Meeting for October 9th

We are pleased to announce that the next Relatives Meeting has been scheduled for Monday, October 9th at 6.00pm. The meeting will be held in Cedar Unit and all relatives are invited to attend.

The meeting is an opportunity for relatives to get updates about the home. We look forward to seeing you there!

Highlights of the Month

The Tartan Tenor

Beechgrove was pleased to welcome The Tartan Tenor for his first visit to sing for our residents. Colin was a huge hit with residents and staff. Colin's singing is amazing and he put on a wonderful performance. All the residents were singing along and enjoyed listening to his stories and jokes. We all look forward to his next visit in the near future.

Langloch Farm

We had a visit to the beautiful Langloch Farm and enjoyed coffee and some home baking. The cakes were absolutely delicious and the weather was glorious.

Barge Trip

We recently enjoyed our last barge trip of the year with the Seagull Trust at Ratho. It was a glorious day spent sailing along the Union Canal, enjoying lunch and observing many cyclists, people in canoes and also enjoying the beautiful weather. This is a popular trip, and we look forward to starting them again next year in May/June.

Activities & Events



Furry Friend

Pet Therapy

Our beloved Cash came to visit his friends. Cash is our home's regular therapy dog and he brightens up even the dullest day. Some of our residents have a stash of biscuits in their bottom drawer especially for his visits. If you are visiting when Cash is in, please feel free to stop and say hi.

Arts & Crafts

Our residents really enjoy arts and crafts. We made a scarecrow for one of our sites homes, Bothwell Castle, for their local Scarecrow Festival. This activity was fun but messy. Also, some of our residents have been enjoying knitting in their rooms.

Baking

Baking is another popular activity, although the residents seem to enjoy the tasting part the most. This month, we made cupcakes and empire biscuits, which we then decorated before enjoying with a lovely hot cuppa.

Keeping Busy & Active



Busy Times

Our residents really enjoy word games followed by a quiz. This activity is popular with residents, staff and families. We can normally be heard down the corridor laughing. Please get involved in the games if you are visiting.

Here at Beechgrove, we love our chair exercises. We have them regularly and they are always busy. Exercise is good for both the body and the mind. If you are visiting your loved one and you see them on, please feel free to join in. You would be most welcome.

Every week, we have a church service that is live-streamed from St. Paul's Church in Forth. Some residents have expressed their enjoyment of the service, as it keeps them in touch with their faith. Additionally, we have Communion every week. If there is a specific service your loved one would like to access, please let us know and we will do our best to set it up for you.

Dates For The Diary



Dates in the Diary

Dates for your diary include the Ukulele Band at 1.30pm on Wednesday, October 11th and our spooky Halloween Party at 1.30pm on Tuesday, October 31st.

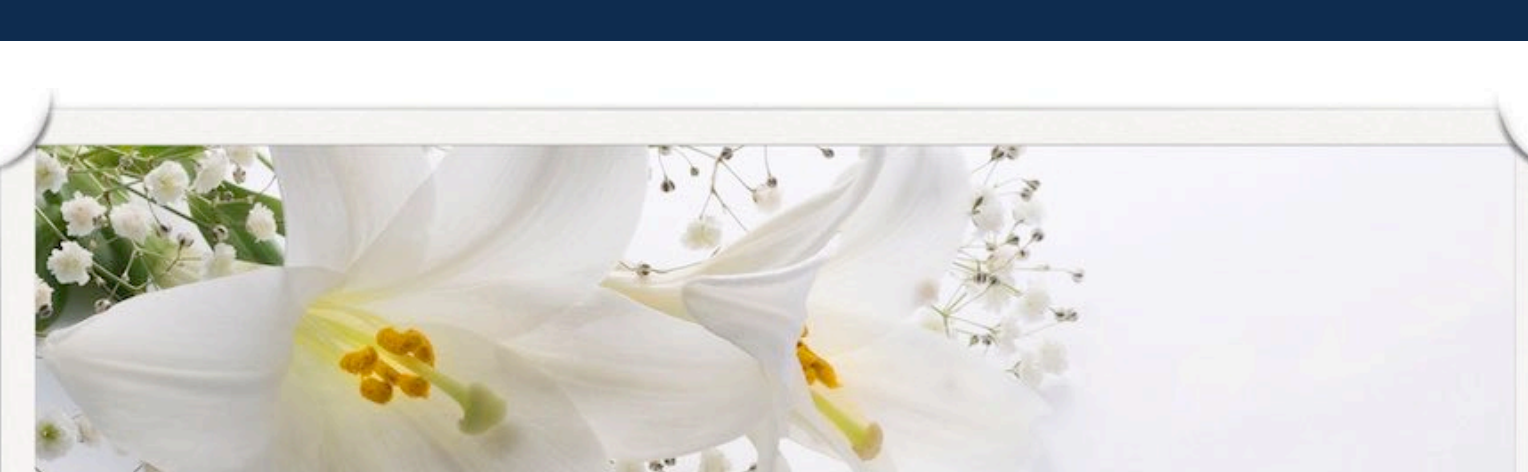
Birthday Wishes



Party Time!

Everyone at Beechgrove would like to wish Marilyn and Jean a huge happy birthday. We hope you had a lovely day spent celebrating with your family and friends. We would also like to wish Tommy a huge happy 80th birthday. We hope you enjoyed your special celebrations.

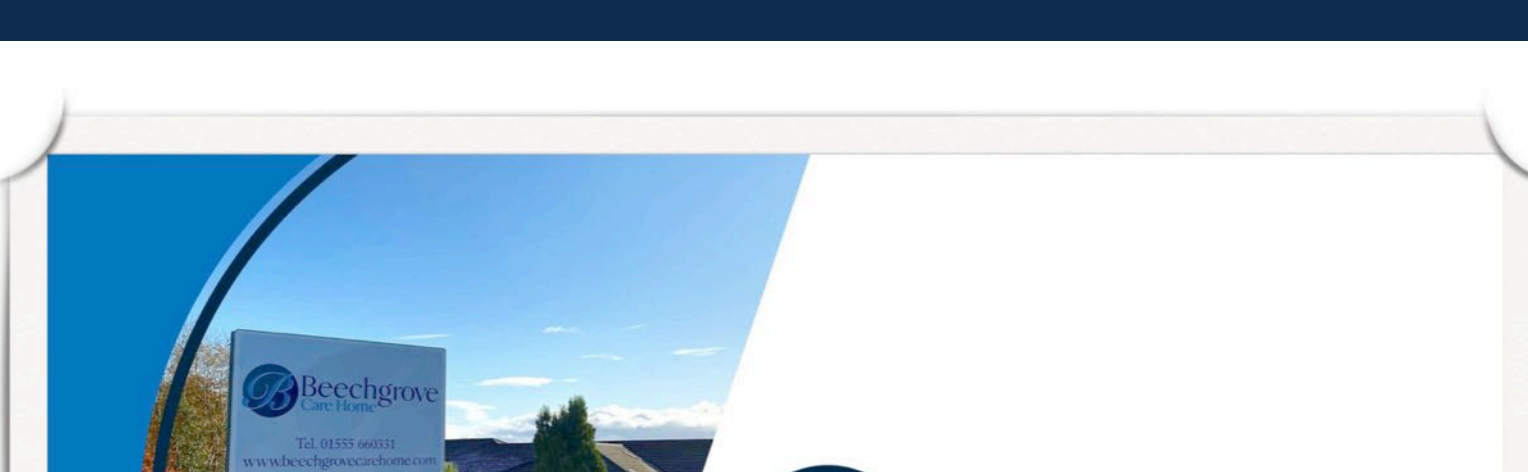
In Sympathy



Loving Memory

It is with great sadness that we announce the passing of Jean. Our thoughts go out to her family and friends during this difficult time. She will be sorely missed by all who knew and loved her.

Social Media



Make sure to check out our [Beechgrove Care Home Facebook Page](#). Don't forget to 'Like' us!

Feedback

We appreciate any feedback, reviews or suggestions you may have. Please contact us or leave a review through the links below as we would be happy to receive any comments.

[Carehome.co.uk Reviews](#)

[Google Reviews](#)



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