

A WARM WELCOME TO OUR
SPRING 2024

Quarterly Newsletter



Manager's Introduction

As we fully step into spring, we are loving the warmer weather and lighter evenings. We look forward to time spent outdoors, enjoying our garden and getting out and about in the community.

In this newsletter, we are pleased to share with you some of our recent activities and event highlights, so sit back, relax and enjoy.

Also, if you know someone who would like to receive our email newsletters/updates, please forward them the newsletter sign up link below:

[Sign-Up Form](#)

Best wishes,

Maggie Allison
Care Home Manager



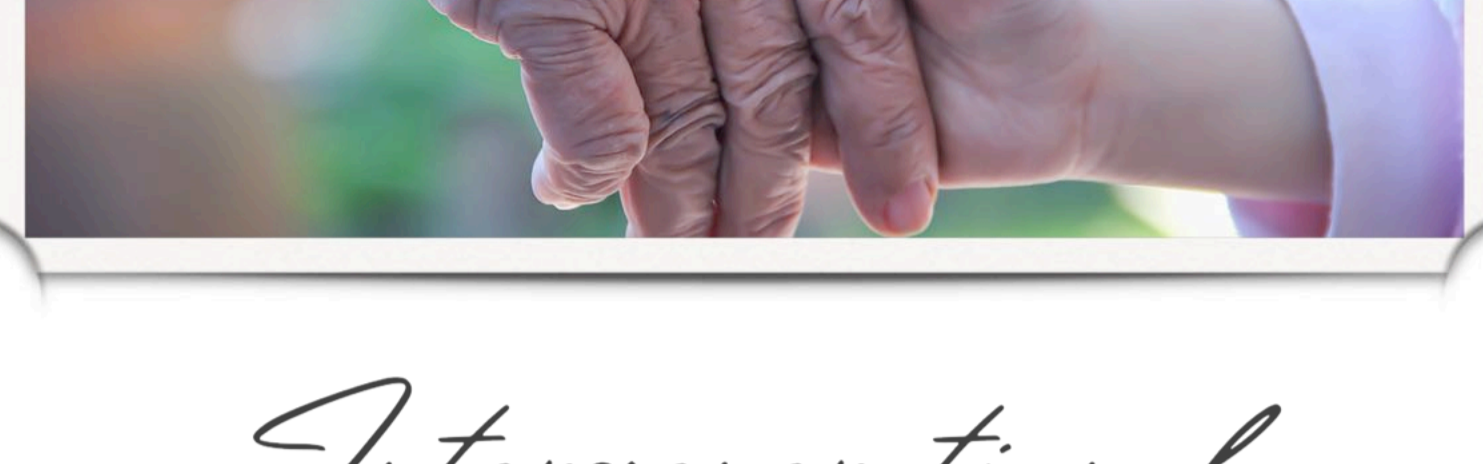
Amy's Animals



Furry Friends

Amy's Animals recently visited us at Beechgrove and it was a great experience! The residents were thrilled to meet some new furry (and not-so-furry) faces. Many of them were brave enough to hold or pet the animals and we learned a lot about their personalities and feeding habits. It was an enjoyable afternoon for all involved.

Toddler Group



Intergenerational

The Carmichael Toddler Group came to visit us and it was a very active morning of singing and parachute games. The residents had big smiles on their faces seeing the toddlers play and sing and we even joined in with the nursery rhymes we all knew. We're very much looking forward to having them back soon!

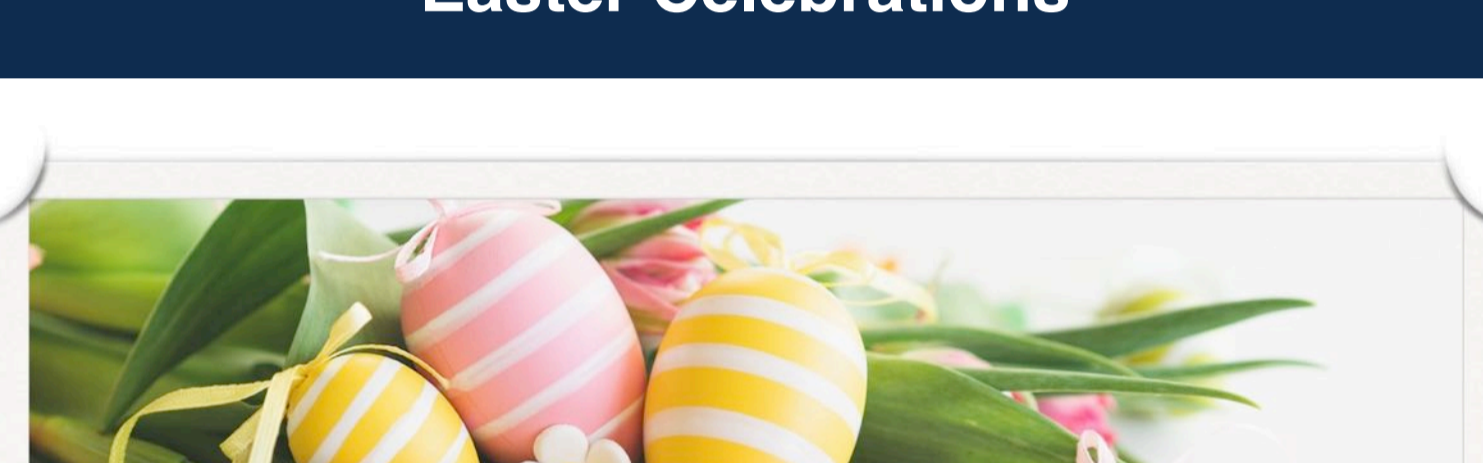
Gardening



Green Fingers

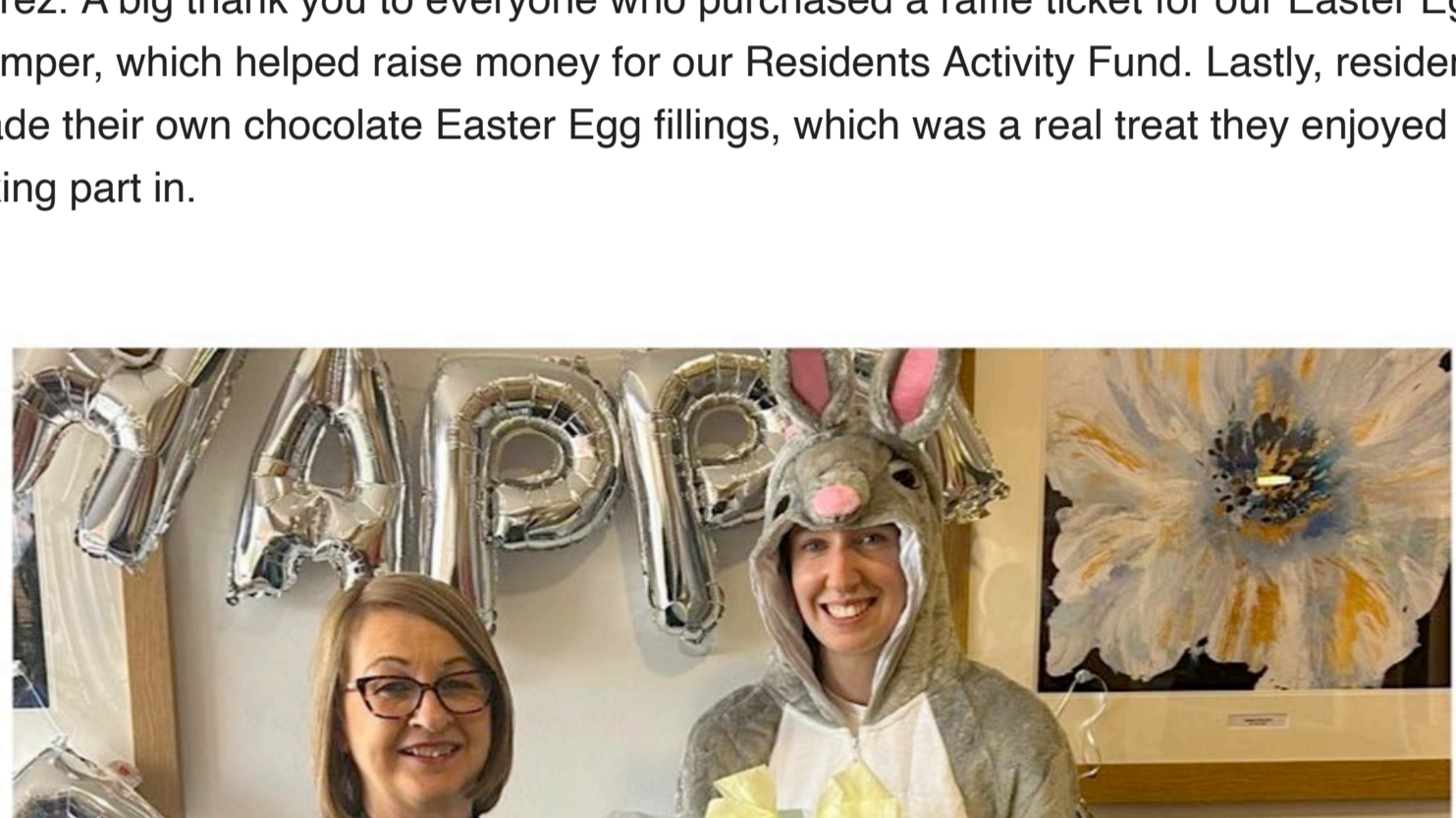
Our gardening project has started with the help of Walter from Castlebank Park. We're in the process of potting some lovely plants to showcase in our garden and we can't wait to get started on future projects to enhance our garden with their help along the way. Many of our residents are eager to lend their green fingers to the project.

Easter Celebrations



Happy Times!

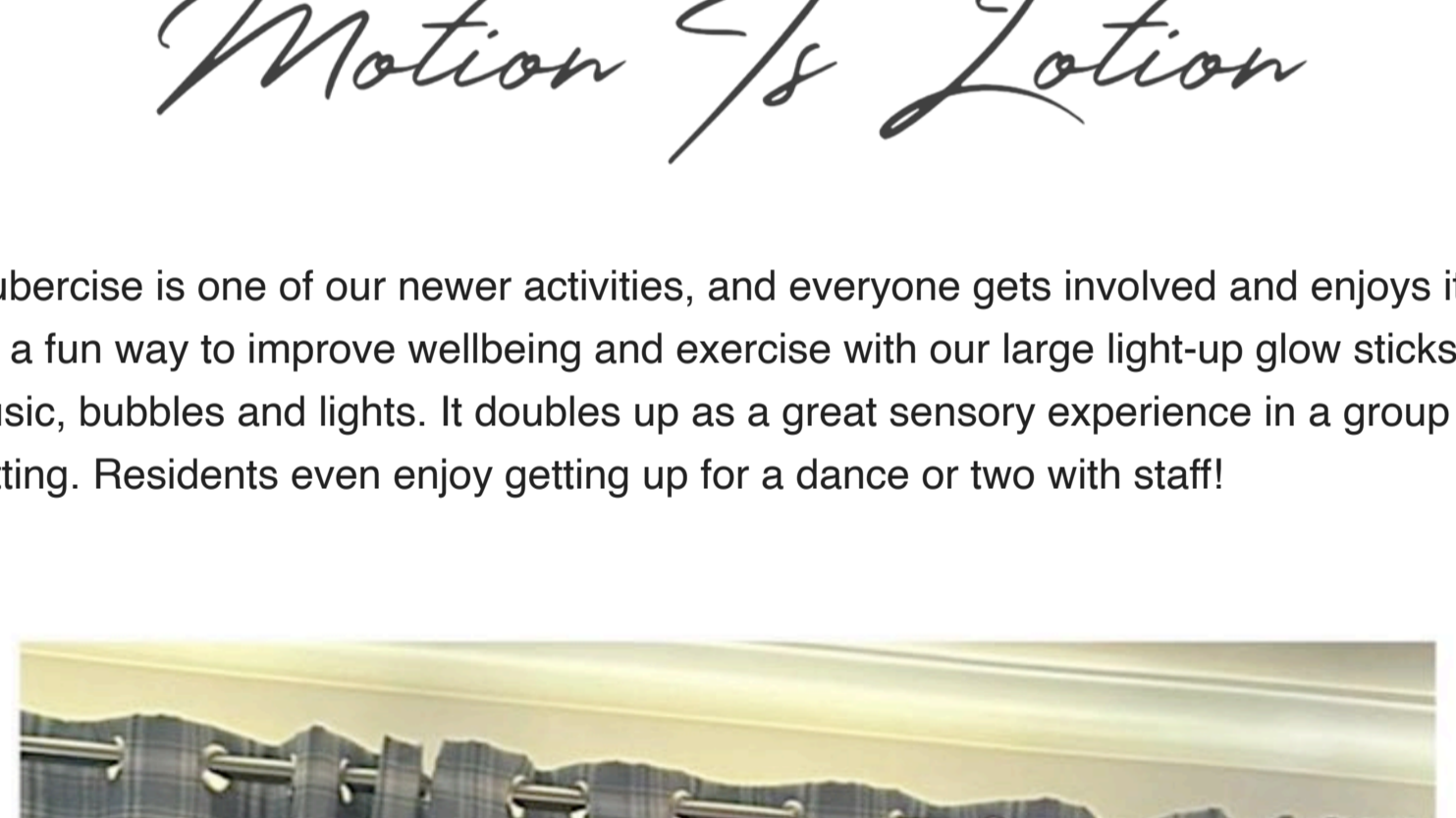
Our Easter Egg Hunt was a great success! Families, friends and most importantly, our residents, all had a wonderful time. Children and residents got involved with our crafts and decorated our tree with lovely, colourful hand-painted eggs. We had a staff Easter Egg Hamper competition, which was won by our Care Staff member, Darez. A big thank you to everyone who purchased a raffle ticket for our Easter Egg Hamper, which helped raise money for our Residents Activity Fund. Lastly, residents made their own chocolate Easter Egg fillings, which was a real treat they enjoyed taking part in.



Clubercise

Motion Is Lotion

Clubercise is one of our newer activities, and everyone gets involved and enjoys it. It's a fun way to improve wellbeing and exercise with our large light-up glow sticks, music, bubbles and lights. It doubles up as a great sensory experience in a group setting. Residents even enjoy getting up for a dance or two with staff!



Diamond Wedding Anniversary



Congratulations!

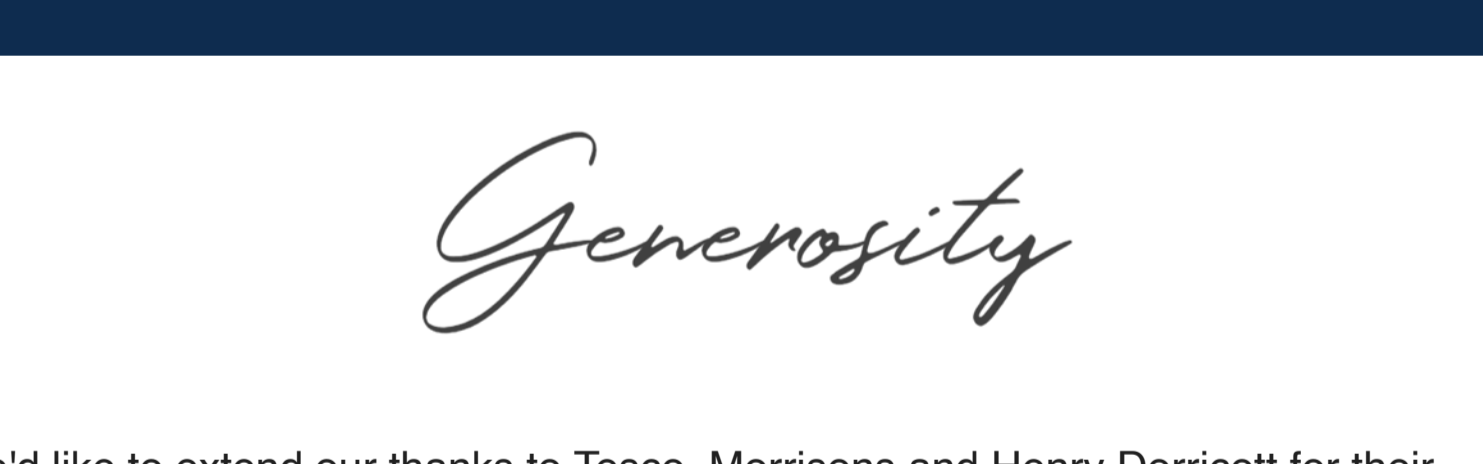
We recently had extra special celebrations as Bob and Lynne, who both reside with us at Beechgrove, celebrated their 60th Wedding Anniversary with their family. They received some gifts and a certificate presented by the council to mark the occasion. Bob and Lynne met in the early 1960s at a dance and married on 27th March 1964 at Wishaw Old Parish Church. Congratulations from everyone at Beechgrove on such an occasion!

Thank You

Generosity

We'd like to extend our thanks to Tesco, Morrisons and Henry Dorricott for their generous donations to our events during the start of this year. It is greatly appreciated.

Dates For Your Diary

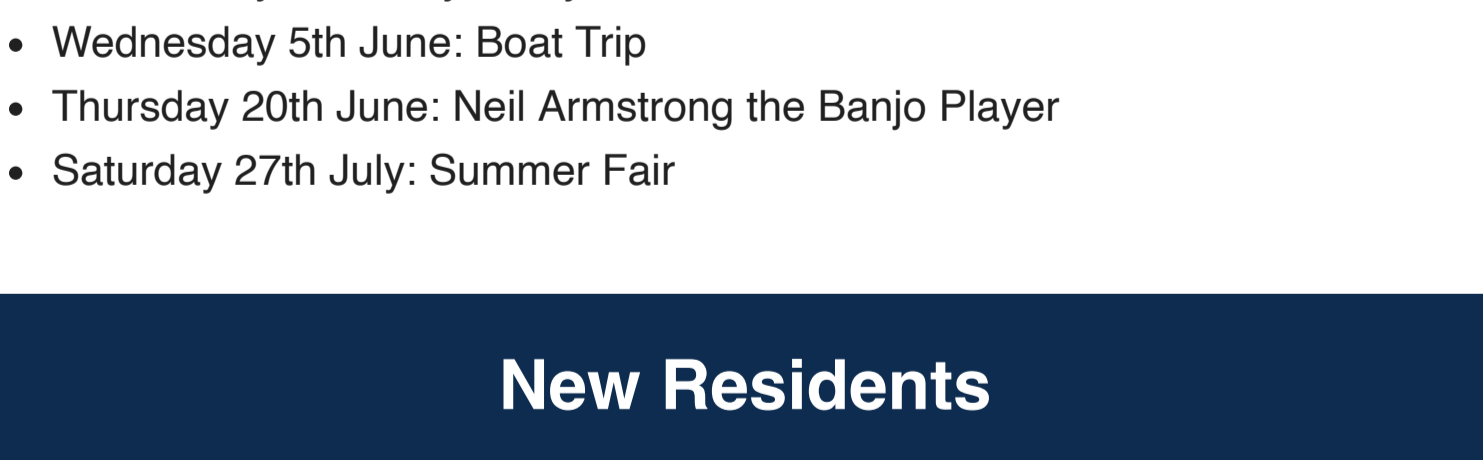


Coming Up...

Here are some important dates for the diary:

- Friday 3rd May: Boat Trip
- Tuesday 14th May: Relatives Meeting – 6.00pm (All welcome)
- Wednesday 29th May: Pony Visit
- Wednesday 5th June: Boat Trip
- Thursday 20th June: Neil Armstrong the Banjo Player
- Saturday 27th July: Summer Fair

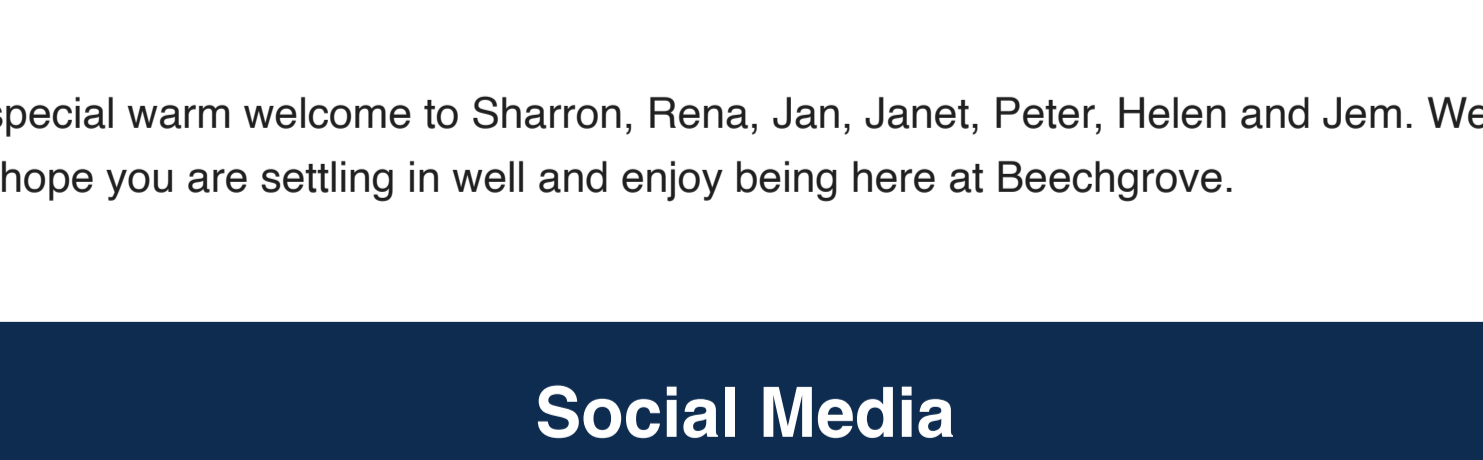
New Residents



A Warm Welcome

A special warm welcome to Sharron, Rena, Jan, Janet, Peter, Helen and Jem. We all hope you are settling in well and enjoy being here at Beechgrove.

Social Media



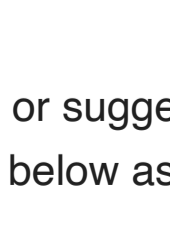
Make sure to check out our [Beechgrove Care Home Facebook Page](#). Don't forget to 'Like' us!

Feedback

We appreciate any feedback, reviews or suggestions you may have. Please contact us or leave a review through the links below as we would be happy to receive any comments.

[Carehome.co.uk Reviews](#)

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