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A WARM WELCOME TO OUR
WINTER 2024/25

Quarterly Newsletter

Beechgrove Care Home

Manager's Introduction

As we welcome 2025, we are filled with optimism and excitement for the wonderful times ahead. We encourage you to dive into this edition of our newsletter, where you'll find the latest updates, heartwarming stories and highlights of recent events.

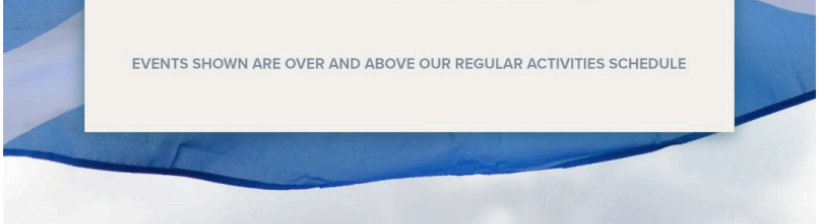
Also, if you know someone who would like to receive our email newsletters/updates, please forward them the newsletter sign up link below:

Sign-Up Form

Best wishes,

Elena Paraschiv
Care Home Manager

What's On...



Christmas 2024

Festive Celebrations

Christmas Day

Christmas Day arrived, and it wouldn't be Christmas without a visit from the big man himself! Santa came and gave every resident a present and wished them a Merry Christmas.

Note: We have had an influx of unnamed clothing after Christmas. Could relatives please check and look in our unnamed selection of items to see if anything belongs to them.

Christmas Fair

What an amazing afternoon! Santa, stalls, delicious home baking, a raffle, tombola, and to end our fair, we had some fireworks that went off with a bang. It was a successful and fun-filled day for everyone present. We would like to thank everyone for coming and joining us, and also a special mention to Mr. Cross, who played his guitar and sang some Christmas songs in reception, which made the experience even more magical. We had a visit from the real Santa and his beautiful wife, who took time out of their busy day to visit our children. They had a story with Santa, followed by a present. We would like to thank all our stallholders and hope they come again.

Panto

We made our annual trip to the pantomime; this year we went to see A Christmas Carol, which was playing at Lanark Memorial Hall. Everyone who attended said it was excellent and can’t wait for the next time.

Christmas Jumper Day

What a fun-filled day we had at Beechgrove seeing everyone in their Christmas jumpers! We had a day filled with games and Christmas music and held a best gingerbread house/man competition, where the winners were residents of Cedar Wing.

Seasonal Events

Lest We Forget

Everyone at Beechgrove paid their respects to the fallen. We had a remembrance table and joined together to watch the Remembrance Service on the TV. Some shared stories of their time growing up during the war and how much the world has changed. We talked about food rationing, the games they played, and how they looked forward to trips to the seaside.

Bonfire Night/Fireworks

We had a great night with residents, family, and friends setting off our fireworks and swirling our sparklers. We then ended our night with hot chocolate, whipped cream, and marshmallows. It was lovely to see so many people with rosy cheeks.

Halloween

What a spectacular time we all had! We had the children come in to trick-or-treat with our residents, we dooked for apples, and made a mummy out of toilet paper. The residents enjoyed pairing up with the boys and girls to play these games, and lots of sweets were had by all.

Collaborations

Motion Is Lotion

Burns Boys

Every Friday we have a live link with the Burns Boys gym, where they put us through our paces with chair exercises, all while wearing their kilts. Residents and staff really enjoy their sessions.

Beavers

Beechgrove was delighted to have the local Beavers in to sing and play games with the residents. They spent time chatting to everyone and showing them a special toy that they had brought in. They made beautiful Christmas cards to hand out to our residents, which really made the evening special. We look forward to more visits from them in the future.

Clyde Valley Kindergarten

We were absolutely over the moon to welcome the nursery children in to sing some special Christmas songs to our residents. They even visited some of our residents who cannot manage out of their rooms. To see the delight on the residents' faces thanks to the children was truly heartwarming.

Musical Entertainment

Toes Tapping

Jack High

Our residents thoroughly enjoyed Jack singing for us; we discovered some great and skilled singers and dancers among the residents. We look forward to future sing-alongs together.

Tartan Tenor

The talented Colin came to sing his varied repertoire of music from different genres. Both staff and residents thoroughly enjoy singing, and we had a lovely Christmas concert with songs through the ages, which really set everyone in the Christmas mood.

Let’s Uke

We are very lucky to have the ukulele band come and play for us regularly. They play and sing all different songs, spreading a lot of joy and happiness to everyone who hears them. We have dates lined up for February and throughout the year.

Out & About

Change of Scenery

Memory Lane

A selection of residents has been going every fortnight to Memory Lane at Christ Church Hall in Lanark. They start the afternoon with warm refreshments and a huge selection of home baking, followed by a variety of activities like making Christmas table decorations and singing. We thank Memory Lane for making us feel very welcome. Recently, Crosslaw House Care Home has joined us when we go.

Lunch Club

It was our turn to join Crosslaw House Care Home on their adventures; this time we went to the Biggar Lunch Club in the Gillespie Centre. They serve beautiful soup and toasties, followed by more home baking. We look forward to joining them for more fun-filled days.

Shopping

Jonathon enjoyed a trip on the train into Glasgow for some Christmas shopping. He spent the day with staff shopping for new clothes and had lunch at McDonald's. He said he had a great time and would like to do this again.

Special Events

Amazing Experience

Shetland Ponies

Karen brought her precious ponies, Didi and Blossom, in to visit us at Beechgrove. We had lots of cuddles, and everyone was so happy to meet them. We look forward to seeing them again very soon.

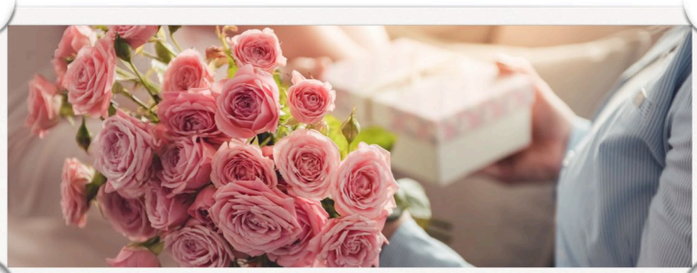
Family Nights

During December, we enjoyed a couple of family nights. The first night we had a quiz with some interactive games; the second time we had lots of fun with Christmas-themed games that residents, staff, and family all joined in. We ended the evenings with tea, coffee, and cakes, all home-baked by our wonderful cooks.

PJ Day

We had a fun-filled day where the staff got to wear their pyjamas at work. We played lots of "I'm a Celebrity, Get Me Out of Here!" bush tucker trials, then refuelled with juice and snacks, bacon rolls, and at night the staff were treated to a takeaway. Residents joined in by wearing their PJs and playing the games.

100th Birthday



Birthday Wishes

Herta celebrated her milestone 100th birthday with her family and friends. She was delighted to receive her special card from HM King Charles III. Herta had a small tea party with friends and family, which she really enjoyed.

New Residents

A Warm Welcome

We would like to extend a heartfelt welcome to our new residents. We are thrilled to have you join our family here at Beechgrove. Each of you brings a unique story, experiences, and vibrant personalities that enrich our home.

Staff Awards

Well Done

One of our Cook's, Debbie Jamieson, won the Divisional Area award for being Inclusive. She won this as she went above and beyond expectation to include residents by having them in the kitchen to do home baking. She also showed excellent piping skills to produce visually appetising food to our residents who require a level 4 diet.

Kind Donations

Thank You!

We have many people to thank; we couldn't do half of what we do without your support: Morrison's, Tesco, and the local shop Feenans for their huge donation of selection boxes; stallholders for attending our fair; and Jane and Senga Hair Designs for their fantastic donation of £570. All donations of craft and raffle prizes that have been handed in are greatly appreciated. All money raised goes to our residents' funds to help with outings and fun days.

With Sympathy

Loving Memory

In times of loss, we come together as a community to support one another. We wish to express our deepest condolences to the families who have recently lost their loved ones. Our hearts go out to you during this difficult time.

Social Media

Make sure to check out our **Beechgrove Care Home Facebook Page**. Don't forget to 'Like' us!

Feedback

We appreciate any feedback, reviews or suggestions you may have. Please contact us or leave a review through the links below as we would be happy to receive any comments.

Carehome.co.uk Reviews

Google Reviews

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