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A WARM WELCOME TO OUR
SUMMER 2024

Quarterly Newsletter

Manager's Introduction

Summer is here, and with it has come plenty of sunshine, smiles, and special moments to share. It's this time, and that's a bold claim at some of the fun we've had so far and where what's coming up. We hope this newsletter brings a little extra joy to your day.

Also, if you know someone who would like to receive our smart newsletter/updates, please forward them the newsletter sign up link below.

Sign-Up Form

Best wishes,

Elena Pessarino
Care Home Manager

What's On...

Summer Fayre

Good Times

We held our annual Summer Fayre, which turned into a bit of a wet day. However that did not rush the enthusiasm, and a fantastic day was had by all. We had a variety of stalls, as well as raffles, tombola, games, and a bouncy castle. It was again a huge success, raising £1,100 for activities and outings.

What's Been Happening?

Cooking with Debbie

This regular activity, at our calendar view residents gather to help prepare the sweet treats for afternoon tea. Debbie brings her baking skills to the kitchen and shares her shared memories of times spent learning to bake with children and grandchildren.

Activities & Events

We aim to get our residents moving as much as possible, to do this, we provide a variety of activities that offer muscle and brain stimulation. Here are some of them:

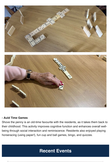
Battle of the Wings
This is a fun and competitive activity – Battle of the Wings – where residents, family, and staff enjoyed learning about each wing's unique general knowledge and trivia questions. This competitive activity really engages the brain and brings everyone together.

Table Tennis
Table tennis provides low-impact aerobic exercise for our residents, enhancing motor skills and concentration.

Burns Night
Burns Night celebration is another armchair excursion, linking up with other care homes throughout the UK.

Balloon Tennis
This is a great way to exercise the arms and a wonderful source of laughter.

Dominoes
Another stimulating game that everyone enjoys is dominoes. Our residents look forward to taking part. This game aids in developing numeracy skills, including matching and counting.



Adult Time Games
Our Adult Time Games are old time favourites with the residents, as it takes them back to their childhood. This activity improves cognitive function and enhances overall mood, being through social interaction and reminiscence. Residents also enjoyed playing Hoolaroulla (using parachute), fun ball and ball games, Kerplunk, and scrabble.

Recent Events

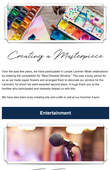
Relax & Rejuvenate

On some days, we don't feel like being too active, so we pull out the feel-good and relaxing activities. Residents enjoy a cup of tea and the sensory room with lights and have meals. Our rabbit visits every Friday.

To support residents with their beliefs, we live stream church services on Sundays, as well as offering hospitality services conducted by ministers from Christ Church in Ilkeston.

Sometimes, it's just nice to sit outside and enjoy the sunshine. Residents take time to socialise with each other, staff, and visitors.

Arts and Crafts



Creating a Masterpiece

Over the past few years, we have participated in Lanner Week celebrations by entering the competition for Best Dressed Window. This was a long-winded but co-ok-ed made paper flowers and arranged them to decorate our window for the competition. We received a commendation for our efforts, and it was fun for our families who participated and tickled Heather's staff.

We have also been busy creating arts and crafts to sell at our Summer Fayre.

Entertainment

Tootsy Tappingly

A trio for Beachgrove was a rare from 'Tootsy.' This tribute act went down a storm with our residents and their families. Tootsy's Tribute to Tina Turner, Shania Twain, and Jayne Hanks proved an ear-cracker and residents got stuck into 'Proud' and by dressing up and using the props we had. It turned out to be a fabulous afternoon with, sadly, Elvis had to leave.

We had our local ukulele band performers again to entertain us, they play a variety of music genres to which the residents can relate.

Colin has become a regular feature in our care home. He entertains us with his vast variety of music, which the residents sing and dance along to.

Outings

Change of Scenery

Barge Trip

This is always a special day for the residents as we travel to Pedro's the Swiguy! Trust Barge. We board the barge to travel down the canal, enjoying our lunch while taking in the beautiful scenery and watching the swans, ducks, and a moorhen!

Memory Lane

We visit the local church half where we sing songs, socialise, and enjoy a cup of tea and hot-cross bating with other locals from the town.

Lanark Lanimers

We took the bus around Lanark to see all the decorated houses for the Lanimers, which brought joy to our residents.

Again, the bus shuttled residents to the town to watch the Lanimer processions. It is always great to see the floats, school children, and local clubs. The tremendous effort that goes into the annual day is appreciated by and extol, and our residents thoroughly enjoyed themselves.

The residents were overjoyed when the Lanimer Queen, along with her court and attendants, visited the home. Our residents were delighted to receive a visit from the Lanimer Fiddling Lady with flowers, and each resident was given a Lanimer medal.

Langbank Farm

Our visits to Langbank are delightful. We can relax with hot chocolatate and scones. It is a definite favourite.

Special Celebrations

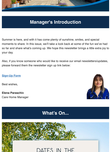
Happy Times!

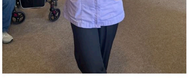
Father's Day

All our male residents were treated to a pint and a pie for Father's Day as all fathers deserve!

StaffsCare Week

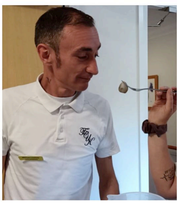
This annual event held by our company shows appreciation for the staff. We hold an activity every day for the staff. Throughout the week, we enjoyed different games, including Bingo, Pictionary, Charades, Scattergories, Cranium, Cranioodles, Fun Factory, Jaspar Hedis, and Jaspar even enjoyed by everyone on a Wii.

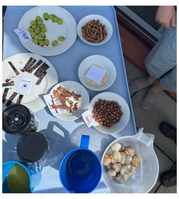


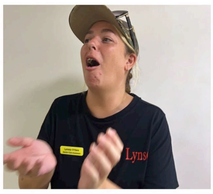


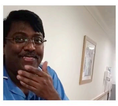
I'm a Carer, Get Me Out Of Here!

We held a bush tucker trial for staff and residents who wished to try devilish delights such as spiders (peppered chocolate cake), deer droppings (chocolate-covered raisins), goat's vomit (rice pudding), and cockroach shake (a chocolate and spinach smoothie), to name a few. It was something completely different for us.









Community News

A Warm Welcome

We would like to extend a warm welcome to the new residents who have moved into the home and hope you settle in well with us.

Happy birthday to those who have celebrated birthdays over the past quarter.

Thank You

A huge thanks to the staff and families for donating items for the tombola and raffle prizes at our Summer Fayre. Thank you to the following companies for their generous donations over the past few months: Greens of Lanark, Rosemary Community Champion (Tesco Lanark), Morrisons Lanark, Omorfi Hair, Tartan Pies, Gavel Restaurant (Lawrie & Symington), and Odyssey Family Tree Research Services. Your continued support is overwhelming.

Social Media

Make sure to check out our **Beechgrove Care Home Facebook Page**. Don't forget to 'Like' us!

Feedback

We appreciate any feedback, reviews or suggestions you may have. Please contact us or leave a review through the links below as we would be happy to receive any comments.

Carehome.co.uk Reviews

Google Reviews

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